



tribley farm

Individual support for individual people



tribley farm

Providing Specialist Children's and Young People's Services





tribley farm

Providing Specialist Children's and Young People's Services

Individual support for individual people



Tribley Farm Services

Tribley Farm provides year-round shared care or short break placements for children and young people aged 8 to 18 and 18 to 25 years old with autism; social, sensory and learning difficulties; learning disabilities; unique challenges and complex additional needs.

The home has been carefully designed to reflect the special needs of our young people. We place a strong emphasis on creating a calm, structured sensory aware environment able to support young people to develop their skills in real life settings.

Professional Care

The care we provide is on a medium to long term basis to ensure a sense of stability for all of our young residents. Our friendly and professional staff are always on hand to deliver support at any time of day or night. The team consists of highly trained carers, consultants, specialists and therapists who have been carefully selected not just for their qualifications, but their ability to treat every individual gently, with respect and understanding. Fully qualified professionally trained staff are on duty 24 hours per day, every day.

Preparing for the future

We believe no matter what a child or young person's level of abilities are, their future development will benefit from developing practical life skills from an early age. At Tribley Farm we help our young people get ready for the future by providing them with Practical Life Skills, Education and Therapeutic Services.





Our Accommodation

Tribley Farm children's home is a large detached purpose-built house, located in a beautiful countryside setting in the north of County Durham.

The home is situated within 200 acres of a working farm and so is surrounded by open fields and heathland. It is close to the historic market town of Chester-le-Street, which has all the resources we value for our children and their families, such as local shops and leisure facilities, a local GP and dentist. There are good travel links to Gateshead and Durham, which is just a 10 minute drive away, and easy access to the A1.

Built in an L-shape, the home has lots of outside space to enjoy, including a courtyard and enclosed gardens.



Individual support for individual people

Our Accommodation

The home is big enough to provide ample living space to suit every individual's needs. There are various lounge and dining areas providing both busy and quiet areas, and a specially designed sensory space. We have made specialist adaptations throughout and we continue to make adjustments based on the individual needs of the children who come to stay with us.

Every child and young person who comes to stay with us has their own bedroom and ensuite bathroom, and we encourage them to personalise their room and make it their own. The bedrooms are very spacious, with a single bed, TV, internet point and emergency button. The bedrooms are on the first floor and therefore enjoy incredible views of the surrounding countryside.



tribley farm





A Structured Environment

At Tribley Farm we utilise the TEACCH system. This provides a structured approach to organising the day and a structured layout for learning and living spaces. By scheduling a timetable for each day, we reduce anxieties and promote the independence of the young person in managing their day.

Schedules and sequencing of tasks (including personal care and daily tasks) combined with activity timetables and personal plans enable the young person to understand and complete tasks. It also helps them complete activities through visual organisation; helps to define goals and make expectations clear. This structured approach is personalised to support the needs of each young person and enhance their development. Studies have demonstrated that this provides one of the most positive outcomes for young persons with autism spectrum disorder.

Each Waking Day

Young people with autism, social, sensory, learning difficulties and disabilities often learn best in real life settings and may require support to generate new skills throughout the day and across all environments. A waking day approach reinforces learning in a variety of situations, with a focus on meaningful skills that contribute to the young person achieving an active quality lifestyle within their community.



Individual support for individual people



Total Communication

At Tribley Farm we create strategies, resources and stimulating environments which help to develop young people's social, non-verbal and verbal communication abilities. We facilitate social interaction, attention and understanding, and support positive emotional development such as self-esteem, self-value and self-assertiveness.

Our Total Communication strategies address both receptive and expressive communication and are personalised according to a young person's needs. These strategies include the Picture Exchange Communication System (PECS), objects of reference, signing, voice output devices, and social stories. As well as visual strategies, physical, gestural and verbal prompts.





An Active Lifestyle

An active lifestyle with positive exercise is a core principle of our approach. Young people will be encouraged to lead an active lifestyle they enjoy. We believe that an active lifestyle and exercise is often associated with a decrease in some of the stereotypical and repetitive behaviours associated with autism. These include social, sensory, and learning difficulties as well as learning disabilities and complex behavioural needs.

Young people are encouraged to find physically active activities they enjoy through taster sessions. Once activities are found which they enjoy they are encouraged to add regular activities to their weekly plans. A wide range of physical activities are available both in the service and within the local and wider community of Durham and Teesside.



Partnership Working and a Multi-disciplinary Team

As an integral part of our approach at Tribley Farm, we work in partnership with the young person, their family, carers and other professionals to provide a multi-disciplinary team approach. This includes working alongside psychology, speech and language therapy, counselling, occupational therapy and alternative therapies.

Positive partnerships are key to achieving a consistent person-centred approach to planning, goal setting and supporting the young person to celebrate their achievements.

We provide high ratio specialist, experienced teams trained in:

- **Positive behavioural intervention and support (PBIS)**
- **Autism and complex sensory awareness**
- **Learning difficulties**
- **Learning disabilities**
- **Attachment disorders**
- **Social difficulties**
- **Developmental delays**
- **Positive communication**
- **Therapeutic rapport**



tribley farm





Outcomes

We are committed to monitoring and measuring outcomes for each young person in our care.

We understand that each young person has goals, wishes, needs and aspirations. We aim to support each young person to set goals and achieve within set timescales.

Assessments

A number of assessments support the ongoing recording of progress and contribute to person-centred planning. Providing each young person with an Individual Learning Plan, and an Essential Lifestyle Plan.

In addition learning goals and achievements are celebrated with each young person through external achievements, personal goal achievements and through accreditation including the UK accredited ASDAN (Award Scheme Development and Accreditation Network) Award schemes and other relevant award bodies.





Providing an enhanced level of care, exceeding expectations and providing positive and improved futures for the children and young people that we look after.

Please contact us if you would like more information on our services.

07720 092950

info@enhancedcare.co.uk

www.residentialchildrenscare.co.uk

Providing specialist children's and young people's services



tribley farm





tribley farm

Individual support for individual people

Providing an enhanced level of care, exceeding expectations, and providing positive and improved futures for the children and young people that we look after.

Please contact us if you would like more information on our services.

07720 092950

info@enhancedcare.co.uk

www.residentialchildrenscare.co.uk

Providing Specialist Children's and Young People's Services

tribley farm

